

Remain Essential 100 Bible Reading Plan

Welcome to 2022! I am looking forward to our journey this year as we seek to live out our mission. Our mission at DFBC is to **glorify God by multiplying disciple-makers who invite all people to join Jesus Christ in a life-long, life-changing and life-giving journey.**



Jesus told his disciples that in order to become fruitful, they would have to remain in him (John 15:4). That phrase “Remain in me” captures what, we as a staff, sense is where God is calling us to grow. I strongly believe 2022 will be a year where the Lord will call us to grow deeper and stronger in our commitment and relationship with him. We will experience mountain top moments of great joy and valley low challenges to our faith. Regardless of the circumstances, I believe there is nothing more important and foundational to our walk with Christ than our ongoing dependence on the Lord in Word and Prayer both individually and in community. My prayer is that 2022 will be a year to grow in our commitment to Christ that leads to multiplication. This **Remain Essential 100 Bible Reading Plan** has been designed as a first step in the right direction. Because many of us struggle to keep up with the daily demands of life and plans that require more time, this will give you a chance to experience the unity of the Bible focusing on the narrative backbone in these 100 passages. The Bible is a unified story pointing to Jesus Christ. Reading and prayerfully meditating in your Bible this year at least twice a week will give you a chance to get a good idea of what the Story is all about. Also, this plan is available on the Bible App for you to access the text and audio of the Bible for free any place and any time you want. If you don’t know how to access this app, scan the QR code to watch the Bible App tutorial on our website.



Welcome to the Journey!

Miguel Lopez

Guidance for Bible Reading and Intercessory Prayer

In the following sections you will find some suggestions to help you accomplish three goals. First, the ***Remain Essential 100 reading plan*** will walk you through the main story of the Bible in a year. Most Christians don't read their Bible weekly. If you have never done it, this is your chance to grow deeper in your relationship with God!

Second, I would like to encourage you this year to develop a regular prayer rhythm in your devotional life. The Lord's prayer will be the model we will follow to pray for our individual, and corporate church needs. Use the QR code in the prayer section below to access our weekly church prayer guide and help us pray for the current needs of our congregation.

Third, at the end of this document, you will find a prayer section entitled *my each-one-reach-one list*. This year I would like to challenge our church family to be praying for four people for 12 months to come to know the Lord. Most Christians do not share their faith regularly. I would like to ask you to help me change that. If you share the gospel with four people this year, chances are one at least will come to know the Lord (look at the parable of the soils in Matthew 13:1-9).

Please read the instructions on *How to read the Bible to know the word of God* and *How to pray according to God's will*. Use the bible reading and prayer rhythms as training wheels to guide your reading and prayer journey. I hope you find these useful as you abide in Christ.

Finally, please use the QR code on this page to check out our weekly ***Journey Newsletter***. This tool will keep you in the loop of the latest at DFBC.

Thank you for answering the invitation to follow Jesus. I look forward to walking together on the journey!

Miguel Lopez

DFBC Pastor



How to read the Bible to know the word of God

“Open my eyes that I may see the wonders of your law” Psalm 119:18

The Bible is not like any other book. The Bible is God’s written word inspired by his Holy Spirit pointing to God’s Living Word, our Lord and Savior, Jesus Christ.

This Bible reading plan includes Old Testament and New Testament readings everyday with Psalms intertwined. It is arranged in a canonical order. This means that the readings follow more or less the theological and chronological development in the books of the Bible in a way that points to the complementary nature of the Testaments. The Old Testament is the written account of God’s promises to his people. The New Testament is God’s fulfillment of his promises through his Son Jesus Christ.

In order to get the most out of your Bible reading, I would like to encourage you to set apart a special time of your day to make room for God to speak to you through the passages that you will read and through prayer. Look for a place where you can give your attention to God even if for a few minutes. There is nothing more vital to your relationship with God than reading your Bible and praying.

I would like to also encourage you to have a journal where you can record your conversations with God. It doesn’t have to be a fancy one, just a notebook that you devote for this purpose would be enough. At the very least, use the right column on this reading plan to record the main idea God wants to communicate to you each day.

The following four steps are a guide that you may use to prepare yourself to listen to God. They have been followed by many Christians throughout history to experience God’s presence as they read Scripture.

1. **Read:** Spend a minute in silent prayer and ask the Lord to speak to you through the passage assigned for the day. Ask him to prepare your heart to receive his word in humility. If time allows, read it a couple of times to make sure you are listening to the Spirit’s voice. Pay attention to anything in particular that the Holy Spirit may make you aware of or draw your interest into.
2. **Reflect:** After reading the passage, go back to any section that may have caught your attention and read them again slowly. Dwell in the passage for a moment and ask the Lord to show you what is going on in the passage and what it means in its context. Ask him to show you what he wants to tell you through this passage at this point in your life. Record your thoughts and prayerful conversation in your journal for further reflection. Use the small space provided for your daily reading to capture a thought or question for further reflection or action.

3. Respond: Ask the Lord to show you what he wants you to do in response to his revealed truth. Is there an example to follow? A command to obey? A sin to confess and abandon? Be as specific as you can possibly be. Capture your thoughts in your journal and ask the Lord to give you the courage to obey him.

4. Rest: Spend a few minutes in adoration, thanking God for speaking to you. Allow the word of God to soak your inner being with the peace of Christ and rest in his provision through Jesus Christ. Ask the Lord to give you the strength to abide in him today and thank him for his provision in your life through his Son Jesus Christ.

OLD TESTAMENT

IN THE BEGINNING

- 1. Creation Genesis 1:1–2:25
- 2. The Fall Genesis 3:1–3:24
- 3. The Flood Genesis 6:5–7:24
- 4. God's Covenant with Noah Genesis 8:1–9:17
- 5. Tower of Babel Genesis 11:1–11:9

ABRAHAM, ISSAC AND JACOB

- 6. The Call of Abram Genesis 12:1–12:20
- 7. God's Covenant with Abram Genesis 15:1–15:21
- 8. Isaac's Birth and "Sacrifice" Genesis 21:1–22:19
- 9. Jacob and Esau Compete Genesis 27:1–28:22
- 10. Jacob and Esau Reconcile Genesis 32:1–33:20

THE STORY OF JOSEPH

- 11. Sold into Slavery Genesis 37:1–37:36
- 12. Prison and Promotion Genesis 39:1–41:57
- 13. Ten Brothers Go to Egypt Genesis 42:1–42:38
- 14. The Brothers Return Genesis 43:1–44:34
- 15. Joseph Reveals His Identity Genesis 45:1–46:7

MOSES AND THE EXODUS

- 16. Birth of Moses Exodus 1:1–2:25
- 17. The Burning Bush Exodus 3:1–4:17
- 18. The Ten Plagues Exodus 6:28–11:10
- 19. Passover and Exodus Exodus 12:1–12:42
- 20. Crossing the Red Sea Exodus 13:17–14:31

THE LAW AND THE LAND

- 21. The Ten Commandments Exodus 19:1–20:21
- 22. The Golden Calf Exodus 32:1–34:35
- 23. Joshua Succeeds Moses Joshua 1:1–1:18
- 24. Crossing the Jordan Joshua 3:1–4:24
- 25. The Fall of Jericho Joshua 5:13–6:27

THE JUDGES

- 26. Israel's Disobedience Judges 2:6–3:6
- 27. Deborah Leads Israel Judges 4:1–5:31
- 28. Gideon Defeats the Midianites Judges 6:1–7:25
- 29. Sampson Defeats the Philistines Judges 13:1–16:31
- 30. The Story of Ruth Ruth 1:1–4:22

THE RISE OF ISRAEL

- 31. Samuel Listens to God 1 Samuel 1:1–3:21
- 32. King Saul 1 Samuel 8:1–10:27
- 33. David and Goliath 1 Samuel 16:1–18:16
- 34. David and Saul 1 Samuel 23:7–24:22
- 35. King David 2 Samuel 5:1–7:29

THE FALL OF ISRAEL

- 36. David and Bathsheba 2 Samuel 11:1–12:25
- 37. King Solomon 1 Kings 2:1–3:28
- 38. Solomon's Temple 1 Kings 8:1–9:9
- 39. Elijah and the Prophets of Baal 1 Kings 16:29–19:18
- 40. The Fall of Jerusalem 2 Kings 25:1–25:30

PSALMS AND PROVERBS

- 41. The Lord Is My Shepherd Psalm 23:1–23:6
- 42. Have Mercy on Me Psalm 51:1–51:19
- 43. Praise the Lord Psalm 103:1–103:22
- 44. Godly Wisdom Proverbs 1:1–4:27
- 45. Proverbs of Solomon Proverbs 16:1–18:24

THE PROPHETS

- 46. The Suffering Servant Isaiah 51:1–53:12
- 47. Jeremiah's Call and Message Jeremiah 1:1–3:5
- 48. Daniel in the Lion's Den Daniel 6:1–6:28
- 49. The Story of Jonah Jonah 1:1–4:11
- 50. The Day of Judgment Malachi 1:1–4:6

NEW TESTAMENT

THE LIVING WORD

- 51. The Word Became Flesh John 1:1–1:18
- 52. Gabriel's Message Luke 1:1–1:80
- 53. The Birth of Jesus Luke 2:1–2:40
- 54. John the Baptist Luke 3:1–3:20
- 55. Baptism and Temptation Matthew 3:13–4:17

THE TEACHING OF JESUS

- 56. Sermon on the Mount – Part 1 Matthew 5:1–6:4
- 57. Sermon on the Mount – Part 2 Matthew 6:5–7:29
- 58. The Kingdom of Heaven Matthew 13:1–13:58
- 59. The Good Samaritan Luke 10:25–10:37
- 60. Lost and Found Luke 15:1–15:32

THE MIRACLES OF JESUS

- 61. Feeding the Five Thousand Luke 9:1–9:36
- 62. Walking on Water Matthew 14:22–14:36
- 63. Healing the Blind Man John 9:1–9:41
- 64. Healing a Demon-possessed Man Mark 5:1–5:20
- 65. Raising Lazarus from the Dead John 11:1–11:57

THE CROSS OF CHRIST

- 66. The Last Supper Luke 22:1–22:46
- 67. Arrest and Trial John 18:1–18:40
- 68. The Crucifixion John 19:1–19:42
- 69. The Resurrection John 20:1–21:25
- 70. The Ascension Acts 1:1–1:11

THE CHURCH IS BORN

- 71. The Day of Pentecost Acts 2:1–2:47
- 72. Growth and Persecution Acts 3:1–4:37
- 73. The First Martyr Acts 6:8–8:8
- 74. Sharing the Word Acts 8:26–8:40
- 75. Good News for All Acts 10:1–11:18

THE TRAVELS OF PAUL

- 76. The Road to Damascus Acts 9:1–9:31
- 77. The First Missionary Journey Acts 13:1–14:28
- 78. The Council at Jerusalem Acts 15:1–15:41
- 79. More Missionary Journeys Acts 16:1–20:38
- 80. The Trip to Rome Acts 25:1–28:31

PAUL TO THE CHURCHES

- 81. More than Conquerors Romans 8:1–8:39
- 82. The Fruit of the Spirit Galatians 5:16–6:10
- 83. The Armour of God Ephesians 6:10–6:20
- 84. Rejoice in the Lord Philippians 4:2–4:9
- 85. The Supremacy of Christ Colossians 1:1–1:23

PAUL TO THE LEADERS

- 86. Elders and Deacons 1 Timothy 3:1–3:16
- 87. The Love of Money 1 Timothy 6:3–6:21
- 88. Good Soldiers of Christ 2 Timothy 2:1–2:26
- 89. All Scripture Is God-breathed 2 Timothy 3:10–4:8
- 90. The Coming of the Lord 1 Thessalonians 4:13–5:11

THE APOSTLES' TEACHING

- 91. The Most Excellent Way 1 Corinthians 13:1–13:13
- 92. A New Creation in Christ 2 Corinthians 4:1–6:2
- 93. A Living Hope 1 Peter 1:1–2:12
- 94. Faith and Works James 1:1–2:26
- 95. Love One Another 1 John 3:11–4:21

THE REVELATION

- 96. A Voice and a Vision Revelation 1:1–1:20
- 97. Messages to the Churches Revelation 2:1–3:22
- 98. The Throne of Heaven Revelation 4:1–7:17
- 99. Hallelujah! Revelation 19:1–20:15
- 100. The New Jerusalem Revelation 21:1–22:21

How to pray according to God's will

In Matthew 6:9-13 Jesus gave his disciples a model instructing them on how they should pray. Perhaps you have grown up knowing this prayer as *The Lord's prayer*. This prayer covers two strategic priorities of our prayer life. The first section of the prayer (verses 9 and 10) focuses on the supremacy of God over our lives. The second section (verses 11-13) focuses on our dependence on him to meet our needs. Use the following prayer movements as training wheels to guide you through your prayer time.

This QR code will give you access to our church prayer guide. Please join us in praying for the needs of our brothers and sisters at DFBC. As you journey through the stations of the Lord's prayer, please free to make intercession for anyone on the list.



The Lord's Prayer

1. "Our Father in heaven. Hallowed be your name" Start your prayer time worshiping God. Exalt him for who he is and what he has done. Jesus wants you to know that He is unlike anything else in the universe. He is Holy and transcendent beyond our control and grasp but he is also our Father, ever close and available. Do not ask for things during this time. Use your time to focus your mind and heart in who God is.
2. "Your kingdom come, your will be done on earth as it is in heaven" Use this time to reiterate your commitment to the Lord and his Kingdom. If there is anything in your life that is not in alignment with his character repent and confess it. Ask the Lord to take control of every area of your life and bring any thoughts that get in the way of God's will for your life captive before the Lord. Ask the Lord to do his will in your life and through your life.
3. "Give us this day our daily bread" Use this time to bring any physical needs that you may have before the Lord. Ask him to open your eyes to what you truly need and not what you want. Surrender any claims on things that are contrary to his will. Declare your dependence on him to meet your needs. Make intercession for the physical needs of anyone you know (health, jobs, housing, food, etc). Thank him for any answers to previous prayers in this area.
4. "Forgive us our debts as we also forgive our debtors" Make intercession for your relational needs. Pray for your marriage, children, family, church, neighbors and enemies. If there is any relational conflict confess your sins if you have offended someone and forgive if someone has offended you. Thank him for any answers to previous prayers in this area.
5. "And lead us not into temptation but deliver us from evil" Ask the Lord to help you in any spiritual needs. Whether it is a test or temptation, ask the Lord to strengthen you and put on the full armor of God. Declare your dependence on him. His promise is that if you submit to God and resist the devil then the devil will flee from you (James 4:7).

Each One Reach One 4x12

In Matthew 13 Jesus told his disciples not everyone who hears the word of God would respond in the same way. He did say, however, that although most would not grow to be fruitful and reproducible, some would. This year, we want to grow in our witness and we want to seek for those that the Lord has already called for fruitfulness. Please read Matthew 13:18-23 and use this as an intercessory prayer guide for your four people.



“That same day Jesus went out of the house and sat beside the sea. And great crowds gathered about him, so that he got into a boat and sat down. And the whole crowd stood on the beach. And he told them many things in parables, saying: “A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them. Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched. And since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty. He who has ears, let him hear.”

My four this year:

| | |
|---------|----------------------------|
| 1 _____ | Shared the gospel on _____ |
| 2 _____ | Shared the gospel on _____ |
| 3 _____ | Shared the gospel on _____ |
| 4 _____ | Shared the gospel on _____ |

January-February-March: Planting seeds along the path where the birds fly.

- Pray for the Lord to allow you to scatter seeds in areas of your four’s lives where the enemy is quick to take away. Be creative! A meal in time of sickness, mowing the lawn, needs are a great opportunity to share God’s word. Share Scripture with them as the Lord allows to explain what your good works mean.
- Ask the Lord to open a door for you to share the gospel with at least one of them.

April-May-June: Planting on Rocky ground.

- Ask the Lord to help you go beyond the surface of superficial relationships with your four. Perhaps inviting them for a meal will allow you to invest in them deeper. Growing in friendship allows others to share their personal needs and their pain.
- Ask the Lord to open doors for the gospel as your four people share their struggles with you.

July-August-September: Planting among thorns.

- Ask the Lord to help you model kingdom values among unbelievers that challenge their assumptions about life. Your four may be struggling with anxiety due to a job related issue or family conflict. They may be too busy to enjoy life. Offer to pray for them if you find out they need help in any area where thorns are growing.
- Ask the Lord to give you a chance to share what Jesus offers to the burdened and weary (see Matthew 11:28-30).

October-November-December: Planting on good soil

- If there is any of your four you have not shared the gospel with, ask the Lord to use the holidays as an opportunity to bring them to Christ.
- Pray that the Lord will give you at least one of the four for him.

Scan the QR Code below to access the Resources Page for all the resources available to you.

